

Kenwood Cherry Blossoms and Spring Flowers

10 km (6.2 miles) and 5 km (3.1 miles) -- SEASONAL WALK
AVA 105392 - 2017/Y1091

March 11 to May 9, 2017

Starbucks Coffee, Bethesda, Maryland

Credit only event – Trail ratings - 10k/2A; 5k/1A

Sponsor: Seneca Valley Sugarloafers Volksmarch Club, Inc. (AVA 419), a member of the Maryland Volkssport Association.

Sanctioned by: The Maryland Volkssport Association and The American Volkssport Association, a member of the International Volkssport Verband.

Start/Finish: Starbucks Coffee, 4611-E Sangamore Rd., at The Shops at Sumner Place, Bethesda, MD 20816 (301) 320-9845. **Hours:** M-F 6am to 8pm; Sat and Sun 7am to 8pm.

WALK DURING DAYLIGHT HOURS ONLY

Trail: The **10 km trail**, rated 2A is on the Capital Crescent Trail and on streets through the Kenwood neighborhood with beautiful cherry blossoms/spring flowers. This trail has some hills. It is suitable for strollers but NOT for wheelchairs. The **5 km trail**, rated 1A, requires driving 3.2 miles to a different start point; driving directions are on the walk instructions. The 5 km trail is on the streets through the Kenwood neighborhood with beautiful cherry blossoms/spring flowers. It is suitable for strollers and wheelchairs. After the cherry blossoms are gone, azaleas and other spring flowers will be in bloom.

Eligibility: We welcome everyone to walk with us. All participants must register and sign a waiver of liability. Each participant must carry a start card throughout the walk. Please turn the card in at the end of your walk. An adult must accompany children under 12 throughout the entire walk. Parents of minor children must sign a waiver of liability for the children.

Fees: Our walk is free. If you wish to receive IVV credit for the walk, you must pay \$3.00. Children 12 & under walk for free.



Cherry Blossom Information: Check the Washington Post or the National Park web site <http://www.nps.gov/cherry/cherry-blossom-bloom.htm> for the latest information about when the DC cherry blossoms will bloom. The blossoms in Kenwood may be a day or two later than the blossoms around the Tidal Basin in DC.

AVA Special Programs: Bridges, Food for Thought & Points of Reference

Conditions: Restrooms are available in the shopping center and along the 10 km trail; restrooms available only in the shopping center for the 5 km trail. Pets are allowed but must be leashed at all times; you must clean up after them. Pets are not allowed in Sumner Place stores, but can be leashed outside. This walk will be held regardless of the weather, unless conditions cause the sponsors to close the trails for safety reasons.

Web sites: www.ava.org www.mdvolks.org www.sugarloafers.org

Disclaimer: Neither the Seneca Valley Sugarloafers Volksmarch Club, Inc., Starbucks, nor The Shops at Sumner Place shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

Membership: Membership in the Sugarloafers is open to everyone interested in walking. For questions about membership, contact Carolyn at 301-926-0915 or cbthurber@verizon.net

Information for this walk -- contact Maribeth Evans, 301.946.5496; gammie0612@verizon.net

DIRECTIONS TO START POINT:

- Washington Beltway (495) to exit 39, River Rd. (MD 190) towards Washington.
- Turn Right on Goldsboro (MD 614). Turn Left on Massachusetts Ave. (MD 396).
- Turn Right on Sangamore Rd. at the firehouse.
- Continue past The Shops at Sumner Place (4701 Sangamore Rd.) to STOP sign in front of the Defense Intelligence Agency.
- Turn Left for 1 block, and then turn Left again into The Shops at Sumner Place.
- Turn Right at the first intersection.
- Starbucks is in the middle of this strip of stores...not the Starbucks in Safeway.