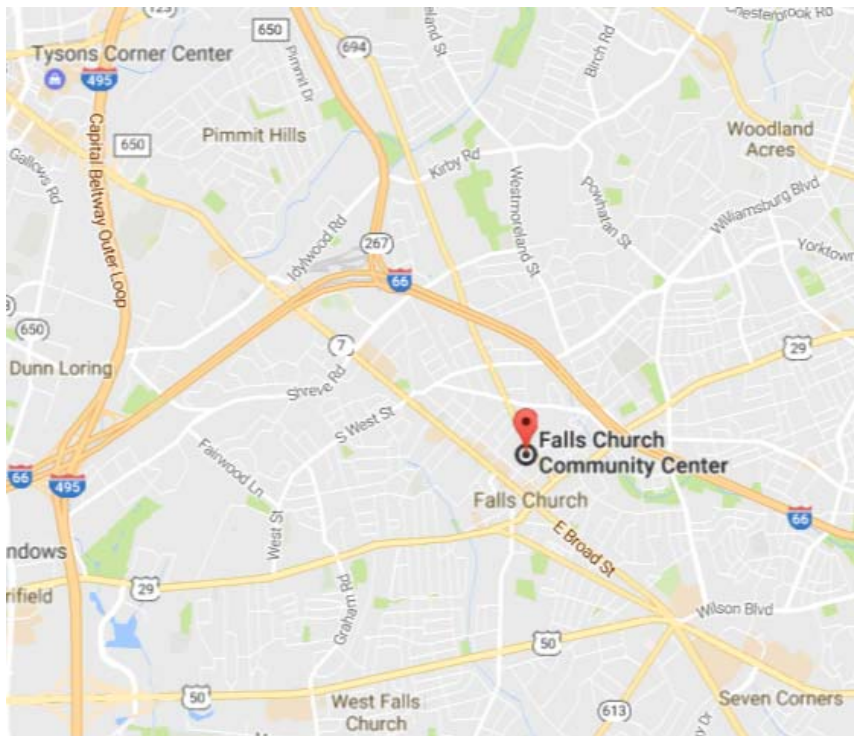


**DRIVING DIRECTIONS:** Take your favorite route to the Washington, DC Beltway -- 495 -- toward Tysons Corner. Exit 50B (Hwy 50-East). Follow signs to continue on Hwy 50 East for almost 2 miles, to Annandale Road. Turn LEFT onto Annandale Road for about 1 mile. Turn RIGHT on S. Maple Ave. passing Broad Street (stoplight) and go to the next street (Park Ave.) Turn LEFT onto Park Ave. to the stoplight. Turn RIGHT onto Little Falls Street. The second driveway on the left is the entrance to the Community Center. The red sign is on the left just before the turn. After turning into the Center's driveway, go to the stop sign just a few feet away, and turn right into the main/center parking section. If you arrive during one of the restricted days/times, read all signs.



**DISCLAIMER OF LIABILITY:** The American Volkssport Association or its subsidiary clubs are not responsible for theft, loss of personal belongings or other property, parking ticket fees, or towing costs. All participants must sign a waiver. Every reasonable effort was made to make this event safe and enjoyable.

# US FreedomWalk Festival

presents: **“Fall for Falls Church”**

## A 2017 Seasonal Walking Event

from

**October 1 – December 31, 2017**

in

**Falls Church, VA – A “Virginia Independent City”**



**AT 2017-Y2014      5 km (Trail Rating: 1A)  
-Or- 10 km (Trail Rating: 2A)**



For more information about volksmarching, visit: [www.ava.org](http://www.ava.org)

**START-FINISH:** Falls Church Community Center, 223 Little Falls Street, Falls Church, VA, 22046. 703-248-5077. Parking is available in the combined lot that serves: the Community Center, City Hall, and the Falls Church Police. Please read all information below regarding parking restrictions at the Community Center. Some 2-hour parking next to the Center is available but only 1 indicator sign is posted to identify those spaces, and is often blocked by parked cars. Look for and read the signs for spaces and time allowance. Enter the Center at the front door, go up the short stairs to the large desk and ask the staff for the 'Walk Box', which should be in their area. GPS coordinates: N38° 53.1786', W077° 10.3065'.

**START TIMES: The Community Center hours of operation are:**

<b>Saturdays:</b> 8:30 am – 11:00 pm.	<b>BUT</b> , the lot is reserved until 2pm for the Farmers' Market Vendors. Parking is available in nearby lots but extra walking is required. The Farmers Market attracts a crowd, streets closest to the Center are usually crowded until the market closes.
<b>Sundays:</b> 2:00 pm – 6:00 pm.	You can arrive earlier and time your walk to finish at the opening of the Center, there are few parking restrictions on Sundays, but a lot of churches that generate high volumes of traffic, so plan carefully. The Police Station is completely closed on weekends, the nearest restroom is a couple blocks away on Broad Street (Harris Teeter). It is best to be toileted upon arrival at the Community Center if you plan to start before the Center is open.
<b>Monday-Thursday:</b> 8:00 am – 10:00 pm.	Street parking restrictions are in effect, except for observed Federal Holidays. Lot restrictions are always in effect, depending on sign "information.
<b>Friday:</b> 8:00 am – 11:00 pm.	Street parking restrictions are in effect, except for observed Federal Holidays. Lot restrictions are always in effect, depending on sign information.

**TRAIL RATING:** The 10km route is rated 2A. The 5km route is rated 1A. The 5km route is on brick, sidewalks, and asphalt with little elevation change. The 10km route also has a 2-block segment on crushed bluestone and a few small hills.

**AWARD/FEEES:** There is no award for this event. Credit-only is \$3.00. Participants may walk for free, but a completed start card is required, as is registration in the log book. There is no pre-registration for this event, and no refunds.

**POINT OF CONTACT:** Dawn Gurtner, Alexandria, VA. (703) 549-8388 (evenings from 6:30-8:30). Mobile: (703) 298-9277. Use Mobile number to text me Tue-Fri from 7am-5pm, which is my work day. Email: [dawn.r.gurtner@gmail.com](mailto:dawn.r.gurtner@gmail.com).

**SANCTION:** These events are sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards.

**IMPORTANT NOTICE** The Community Center is 1 mile from the "East Falls Church" Metro Station. Contact POC for route adapted for Metro use. Metro parking lots are free on weekends, but parking cannot be reserved. The "East Falls Church Metro" lot is not very large, early arrival is best to obtain parking. Falls Church is a very dense collection of cars, people, and parking/traffic rules. Be extremely careful driving here, be even more careful walking here. In planning your arrival, remember that I-66 has rush-hour driving restrictions (HOV-the entire road) inside the Beltway (495). The route described avoids I-66 entirely.

**ELIGIBILITY:** Everyone is welcome regardless of sex, creed, race, or nationality. Children under 12 must be accompanied by an adult.

**CONDITIONS:** The trails must be completed during daylight hours. With registration for these events, the participant accepts the guidelines for AVA Volkssport walks and agrees to observe the principles of good sportsmanship. All pets are to be kept on a leash (6 feet or less) at all times and owners are responsible for cleaning up after their pet. Pets are not allowed inside the Community Center, but there is a nice bench at the door. Water and restrooms will be available at the start point and at various points along the route. You should carry water on the trail. Litter must be deposited in the designated containers. Strollers and wagons are fine on the trails but wheelchairs will have difficulty with the neighborhood hills and the crushed bluestone path of the Crossman Park.

**EVENT DESCRIPTION:** The trail will be on sidewalks in neighborhoods and parks of the City of Falls Church, the W&OD Trail (asphalt), and two blocks of crushed bluestone in one of those City Parks (10km only). No shade on the W&OD Trail, but some shade in neighborhoods and the parks are well shaded. Falls Church is a high-traffic area. Observe all parking regulations on signs. Most street parking restrictions are NOT enforced on Observed Federal Holidays, but private lot enforcement may remain in effect on those days. There are numerous food/drink/restroom establishments along Broad Street to serve you. I'm happy to discuss any aspect of your trip planning. There is a Hilton Garden Inn on W. Broad Street, which is on the 5 and 10km route. There is also a Marriott Towne Place Suites near the 10km route.

**SPECIAL PROGRAMS:** The Programs I have found include: Amphitheatres (10km only), Bridges, Food For Thought (10km only), Honoring Our Flag, Ice Cream Parlors, Points of Reference, Take a Walk in a City Park, Trekking with the Trees, US Post Offices, Walk the USA A-Z ("F"- Falls Church), Walk the USA-Street by Street, You'll Never Walk Alone, Virginia Independent Cities (Falls Church).

**HOLIDAY HOURS:** Presume the start is closed on Thanksgiving and Christmas Days. Call the Community Center for operating hours on other Federal Holidays and New Year's Eve.