

**SANCTIONED:** These events are sanctioned by American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). Additional events can be located at the AVA website; [www.ava.org](http://www.ava.org).

**IVV BOOKS:** These events count toward acquisition of IVV Achievement Awards. IVV event/distance books and new walker packets are available from the POC at a cost of \$5.00 each.

**AWARDS:** There are no awards for these walks. Participants may walk for credit (\$3) or for free. In some cases there may be “B” awards available for \$2 each. There are no refunds of payments.

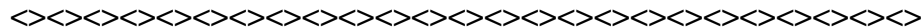
**ELIGIBILITY:** This event is open to all; everyone is welcome. An adult must accompany children under the age of twelve.

**CONDITIONS:** Walks will be held regardless of most weather conditions. Participants are requested to observe all traffic laws and to place all litter in proper receptacles. Walk during daylight hours only.  
**PETS MUST BE LEASHED!**

**REFRESHMENTS:** Water will be available at start points; recommend carrying water. Restrooms at start point.

**DISCLAIMER:** The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign wavier.

**FOR FURTHER INFORMATION:** Dee Schrum 804/768-0055  
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# **LEE LEPUS VOLKSVERBAND**

## **SEASONAL EVENTS**

**APRIL 1 TO SEPTEMBER 30, 2018**  
**AMHERST, VIRGINIA**

Bridges Spanning the USA  
Amherst County (Virginia Program)  
Civil War Battlefield  
Walking the United States (50 states)  
Walking the USA; A-Z

**JULY 1 TO DECEMBER 31, 2018**  
**HENRICO**

Walking the United States (50 states)  
Walking the USA; A-Z  
Henrico County (Virginia Program)  
National Parks Centennial  
You'll Never Walk Alone .. *Several trails named after the leaders who commanded here*



## AMHERST, VIRGINIA

GPS Coordinates: 37.588659,-79.050032

**EVENT:** AT-17- Y0086 (110367) 5/10 KM Trail Rating 1-A

**START/FINISH:** McDonald's Restaurant, 106 Lexington, corner of Highway 60 and Highway 29

**PARKING** Please park toward the back of the lot, allowing space for regular customers.

**START:** , Open 6 am, close 11 pm Sun thru Thursday, 12 pm Fri and Sat. Closed normal holidays.

**TRAIL RATING:** Rated 1–A; An easy walk on pavement or unpaved streets with no significant difficulty with hills. Suitable for strollers and wheelchairs.

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**FROM THE SOUTH OR EAST:** Take I-95 to Route 288 North. Exit onto Route 60, Continue approximately 100 miles. As you enter Amherst, just before the traffic circle, you will see McDonalds on the right.

**FROM THE NORTH:** Take Route 29 south to Amherst. At the traffic circle in Amherst take the Route 60 east exit; McDonalds will be on your right.



## HENRICO/DEEP RUN PARK, VIRGINIA

GPS Coordinates; 37° 37' 14.6064" N 77° 37' 18.3216" W

**EVENT:** AT-18-Y2313 (110754) 5/10 KM Trail Rating 2-B

**START/FINISH:** 2250 John Rolfe Parkway, Henrico, VA.

**START:** Start box is at Customer Service, Publix Supermarket. Walk during daylight hours only. Ample parking in supermarket parking lot, please do not park at front door. You will drive 2.4 miles to Deep Run Park once filling out your start cards. Follow the driving directions in the walking directions.

**TRAIL RATING:** Rated 2–B. The walk is on trails maintained by the National Park Service in a wooded area.

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**FROM I-64:** Take Exit 180A for Gaskins Road S; Merge onto Gaskins Road; In 1.2 mi, turn right onto Ridgefield Pkwy; In 2.4 mi, turn right at entrance to Publix Super Market at John Rolfe Commons.

