

Gator Volksmarsch Club (AVA-013)

Year Round Events/January 2 – December 31, 2019

Chesapeake, VA – Greenbrier

Chesapeake, VA – Oak Grove Lake Park

Norfolk, VA – Botanical Gardens

Norfolk, VA – MacArthur Memorial

Smithfield, VA – Windsor Park

Suffolk, VA – Visitor’s Center

Virginia Beach, VA – 1st Landing

Virginia Beach, VA – Boardwalk

Seasonal Event/May 1 – September 30, 2019

Cape Charles, VA – Visitor Center



GENERAL INFORMATION

SANCTION: These events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards.

SPONSOR: Gator Volksmarsch Club (AVA-0130)

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

AWARD/FEEES: IVV Credit Only Fee: \$3.00 each event. There is no fee just to participate, but you must carry a start card. There will be no refunds of any monies paid.

IVV CREDIT: You may enter event credit for each day that you walk the trail into your IVV event book for the trail. You may participate for DISTANCE credit WITHOUT LIMIT. All participants of IVV events are reminded to bring their IVV books to this event. There will be insert cards in the box if you need them.

PROCEDURES: At the start point, each participant will register in the log book and get their own start card, which must be signed and carried along the trail. The individual start cards must be placed in the folder inside the start box or mailed in after completing the event.

CONDITIONS: Pets are permitted on these; however, they must be on a 6-foot leash. No pets will be allowed in the start points. Water and restrooms are available at the start points. There is no water available along the trail, so you should carry water with you. Litter must be deposited in designated containers. All walks must be completed during daylight hours.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

PARKING: There is ample parking at each of the starting points. Note: There is an entry fee to the Norfolk Botanical Gardens. Also, there is a fee for parking at MacArthur Mall for the Norfolk MacArthur Memorial walk. Take your parking ticket with you and have it validated at the front desk of the MacArthur Memorial to get free parking. Please park away from doors of the commercial starting points

FOR FURTHER INFORMATION:

Don Bradford
805 Misty View
Chesapeake, VA 23320
Email: gvcwalker64@hotmail.com
Phone: (757) 576-0966

More information about volksmarching and location of events is available at www.ava.org

CHESAPEAKE – GREENBRIER

EVENT NUMBER: AT 19-112524

START POINT/DIRECTIONS: Seven Eleven 1025-A Eden Way N. (757)312-0810. I-64, Exit 289 (Greenbrier Pkwy) S, to Greenbrier Mall. Pass mall, turn left at 1st stoplight after mall (Eden Way), to next stoplight, turn right on River Birch Run; turn in shopping center (mini) to 7 Eleven. Do not park immediately in front of stores in small shopping center, park in middle of lot. Walk box located to right, inside store, on shelf next to window.

DISTANCE/TRAIL RATING: 06/10K 1A

START AND FINISH TIMES: Daylight Hours

DESCRIPTION: The trail passes through residential areas of the Greenbrier section of Chesapeake. It follows city sidewalks, with a short section (about 100 yards) of unpaved path. A modern suburban residential development is the setting for this walk.

SPECIAL PROGRAMS: Take a Walk in a City Park, Walking the USA A - Z

CHESAPEAKE – OAK GROVE LAKE PARK

EVENT NUMBER AT 19-112521

START POINT/DIRECTIONS: Denny's, 1401 Tintern St., Chesapeake, VA 23322, 757-312-9008

GPS: N36 45' 52.85" W76 15' 10.33"

From Hampton/Richmond: Take I-64 East. At exit 290A-B, take ramp right for VA-168 South toward Great Bridge for 1.6 miles. Keep left onto VA-168 S Branch/Battlefield Blvd N. for .4 mile. Turn right onto Volvo Parkway for 338 feet. Arrive at Denny's.

From Suffolk: Take I-64 West. At exit 290-291, take ramp right for VA-168-BUSINESS South toward Great Bridge for 1.5 miles. Keep left onto VA-168 S Branch/Battlefield Blvd N. for .4 mile. Turn right onto Volvo Parkway for 338 feet. Arrive at Denny's.

DISTANCE/TRAIL RATING: 05/10K 1A

START AND FINISH TIMES: Daylight Hours

COURSE DESCRIPTION: You will need to drive one mile from Denny's to Oak Grove Lake Park. If on the weekend it is permissible to park in the lot adjacent to the commercial office building. After parking, walk into the park to the picnic shelter. Enjoy your walk around the lake and through the parks of the commercial complex.

SPECIAL PROGRAMS: Bridges – Spanning the USA, Take a Walk In a City Park

NORFOLK – NORFOLK BOTANICAL GARDENS

EVENT NUMBER: AT 19-112518

START POINT/DIRECTIONS: Norfolk Botanical Gardens, Baker Hall 6700 Azalea Garden. 757-441-5830. I-64 Exit 279 (Norview Ave E) to Norfolk Intl Airport. After 0.9 miles, left at light at Azalea Garden. Entrance to Garden on right after 0.6 miles. Start box at Information Desk at BHVC.

DISTANCE/TRAIL RATING: 05/10K 1B

START AND FINISH TIMES: 9:00 AM – 5:00 PM

COURSE DESCRIPTION: Admission charge to Botanical Garden. Currently fee \$11 adults, \$10 seniors (62 and over). The route is almost completely flat and includes paved paths, unpaved natural trails in the Garden. Some paths may be difficult when wet. The Norfolk Botanical Garden includes over 150 acres of beautiful natural and classical landscapes offering changing vistas throughout the year. The Garden is home to a large and diverse collection of azaleas, camellias and rhododendrons.

NORFOLK – MACARTHUR MEMORIAL

EVENT NUMBER: AT 19-112250

START POINT/DIRECTIONS: MacArthur Memorial Bank St/City Hall Ave. 757-441-2965. I-64 to Norfolk, Exit 284A W, to I-264 to dnnt Norfolk. I-264, Exit 10 (veer to right) to City Hall. Cross St Paul's, follow City Hall 2 more blocks. Right to new MacArthur Center mall, park where possible. Mall parking validated at start point. Exit garage on City Hall, cross street, walk to MacArthur Memorial. Start point in Theater Building. Ask attendant for Walk Box.

DISTANCE/TRAIL RATING: 05/10K 1A

START AND FINISH TIMES: Tuesday – Saturday 10:00 AM- 5:00 PM, Sunday 1:00 pm – 5:00 PM. Finish by 4:30 PM. Closed Thanksgiving and Christmas.

COURSE DESCRIPTION: This walk starts at the MacArthur Memorial and goes along city sidewalks. There are many historical buildings, shops and restaurants plus tourist attractions located along the route of the walk. The walk will go past the Norfolk Campus of Tidewater Community College, Battleship Wisconsin, the Elizabeth River waterfront and Harbor Park, home of the Norfolk Tides.

SPECIAL PROGRAMS: Bridges – Spanning the USA, Make a Wish at a Water Fountain, Underground Railroad, Walking the USA A -Z

SMITHFIELD – WINDSOR PARK

EVENT NUMBER: AT 19-112522

START POINT/DIRECTIONS: Smithfield Station 415 S Church St (Business 10), 757-357-7700. MD, DC, Richmond: I-95 S to SR 10. Rt 10 E through Hopewell (approx 7 miles), continue Rt 10, 55 miles, through Town of Surry to Rt 10 Bypass around Smithfield. Watch for elevated water tank. Left Business 10, at stoplight. Business 10 approx 2 miles. Smithfield Station right, crossing Cypress Creek Bridge. Park either side of Business 10. "Southside" Hampton Rds (Norfolk, Chesapeake, etc): Rt 17 W from Portsmouth to James River Bridge (yellow/green targets from I-64), past I-664, about 10 miles, left Smithfield, stoplight at intersection US Rt 258/SR 32. Right intersection with Rt 10 (about 2.5 miles). Rt 10 W intersection with Business 10 (elevated water tank). Right, follow directions above. Peninsula: James River Bridge (Rt 17) S Newport News. Rt 17 intersection with Rts 258/32. Right, follow directions for "Southside" above. Ask attendant at front desk for Walk Box.

DISTANCE/TRAIL RATING: 05/11K 1B

START AND FINISH TIMES: Daylight Hours

COURSE DESCRIPTION: Trail is through historic neighborhoods in the town of Smithfield. The route includes the Windsor Castle Trail, Pagan River, and the Corporate Headquarters of Smithfield Foods.

SPECIAL PROGRAMS: Bridges – Spanning the USA, Take a Walk In a City Park, Treasure Hunt, Walking the USA A – Z

SUFFOLK – VISITOR CENTER

EVENT NUMBER: AT 19-112525

START POINT/DIRECTIONS: Suffolk Visitor Center 524 N Main St. Suffolk, VA 757-514-4130 Richmond/Newport News: I-64 E. Hampton Coliseum (exit 264), I-664 S to exit 13 (US Highway 58 W). 6 miles on US Highway 58 W. Exit to US 58 Business Rt W. 3 miles to N Main St. Left before light at Main St. to Visitor Center Parking lot. Visitor Center on left in old Nansemond County Courthouse. Norfolk/Virginia Beach: I-64 (Inner Loop) or I-264 W to Bowers Hill. Exit to US Highway 58 W. 6 miles on US 58 W. Exit to US 58 Business Rt W. 3 miles to N Main St. Left before light at Main Street to Visitor Center Parking lot. Visitor Center on left in old Nansemond County Courthouse. Ask attendant for Walk Box.

DISTANCE/TRAIL RATING: 05/10K 1A

START AND FINISH TIMES: 9:00 AM – 5:00 PM

COURSE DESCRIPTION: Closed Thanksgiving, Christmas and New Year's Day. View an eclectic mixture of architectural styles in historic and modern neighborhoods. Be sure to visit the diorama exhibits at the Seaboard Airline Railroad Station Museum. The walk route is mostly level, but there is one short steep grade. The trail follows city streets, but some do not have sidewalks. The trail includes the Nansemond River, Constant's Wharf area, and Cedar Hill Cemetery.

SPECIAL PROGRAMS: Bridges – Spanning the USA, Little Free Libraries, Take a Walk In a City Park, United States Post Offices

VIRGINIA BEACH – BOARDWALK

EVENT NUMBER: AT 19-112526

START POINT/DIRECTIONS: Holiday Food Mart 909 General Booth Boulevard. Phone: 757-491-2550. From I-64 take Rte 264 East towards the Virginia Beach oceanfront. Take Exit 22 and turn south (right) on Birdneck Road. Go 2.8 miles to General Booth Boulevard.

Turn right. The start point is the second building on the right side. Ask the cashier for the Walk Box.

DISTANCE/TRAIL RATING: 08/14K 1A

START AND FINISH TIMES: Daylight Hours

COURSE DESCRIPTION: The walk goes past the Virginia Aquarium & Marine Science Center, the Atlantic Wildfowl Heritage Museum and the Old Coast Guard Museum, as well as the main Boardwalk along the beach. Trails follow city sidewalks and pedestrian paths (paved).

SPECIAL PROGRAMS: Bridges – Spanning the USA, Walk the USA -Street by Street

**VIRGINIA BEACH – 1ST LANDING STATE PARK TEMPORARILY CLOSED
DETAILS COMING ASAP**

**SEASONAL EVENT
MAY 1 – SEPTEMBER 30, 2019**

CAPE CHARLES

EVENT NUMBER AT 19-113273

START POINT/DIRECTIONS: Cape Charles Museum & Welcome Center 814 Randolph (SR 184) (757)331-1008. US 13 N or S to Cape Charles, about 10 miles N of entrance to Chesapeake Bay Bridge Tunnel. W on SR 184, 1.8 miles from intersection of Rt 13/Rt 184. Museum is tall brick building on S (left) of road, entering town, past water tower. for Walk Box.

DISTANCE/TRAIL RATING: 05/10K 1A

START AND FINISH TIMES: Monday – Friday 10:00 AM – 2:00 PM,
Saturday 10:00 AM – 5:00 PM, Sunday 1:00 pm – 5:00 pm

COURSE DESCRIPTION: M-F 10am-2pm; Sat 10am-5pm; Sun 1-5pm. Closed major Federal holidays. The walk is through Historic Cape Charles, a town of diverse neighborhoods and building styles, with many excellent examples of Victorian, Colonial Revival, Craftsman, and Neoclassical styles popular from the town's inception in 1886 until approximately 1940.

SPECIAL PRORAMS: Bridges – Spanning the USA, Little Free Libraries, Take a Walk In a City Park, Walking America's Ports of Call

