

DATE: Saturday, September 14, 2019
SPONSOR: Liberty Bell Wanderers
LOCATION: Fort Washington State Park
6036 Joshua Road (for GPS purposes)
Fort Washington, PA
START POINT: Pavilion at Lot #1
START TIME: 9:00am - 11:00am
FINISH TIME: Walkers must be off the trail by 3:00pm
DISTANCE: 10K (6.2 miles) or 5K (3.1 miles)

TRAIL: AVA Trail Rating is 2-B. The trail is on paved and grass covered surfaces with minor inclines. It also follows a picturesque footpath along the Wissahickon Creek. One of the highlights is the Hawk Observation Deck where you may witness migrating birds.

REGISTRATION/FEES: Pre-Registration is requested in order to determine amount of food required for the picnic (form on the back of the brochure). IVV Credit is \$3.00. This event is Free for those walkers who wish participate without receiving IVV Credit. There are no refunds.

SPECIAL PROGRAMS: Event qualifies for Bridges Spanning the USA, Treasure Hunt, and PA Counties (Montgomery).

ELIGIBILITY: This event is open to the public. You do not need to be a member of the Liberty Bell Wanderers to participate.

FACILITIES: Parking is free. Water and restrooms are available at the Start/Finish. Restrooms are available along the route. Water should be carried along the route.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds. No littering. Pets are permitted but must be leashed and picked up after.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

PROCEDURES: All participants must register and complete a Start Card which is carried on the walk and must be returned at the Finish. This also applies to free walkers. Start Cards remain the property of the Liberty Bell Wanderers.

FURTHER INFORMATION:

Dave Doerffel, 267-566-0432, dtdoerffel@gmail.com
Start Point Cell Number: 267-566-0432
www.libertybellwanderers.net or www.ava.org Traditional Events

PICNIC



The Annual LBW Picnic will begin at 12:30. This year in honor of our 35th Anniversary, all participants and/or family members and guests will be treated to a **Pig Roast** with all the fixings. We especially would like to invite all former LBW members to join in the celebration.

Salads and desserts will be provided by LBW members. Those wishing to contribute by bringing a salad or dessert are asked to contact the picnic coordinator, **Linda Mueller, 215-322-5648, omapete@gmail.com**.

DIRECTIONS: (see map on back page)

The Start Point is best reached from Joshua Rd. and not the park's main entrance or the official address which is the park office. Follow the directions below.

From the PA Turnpike I-276, take Exit 339 for Philadelphia/Ambler. Go through the toll booth and past the PA-309 S ramp. Continue straight onto Pennsylvania Ave. Drive 0.7 miles and turn left on Bethlehem Pike. Turn right on Skippack Pike/PA-73 (MaGerks Pub on the corner). After a short distance, go past the main entrance to the park then continue 0.25 miles to the light at Joshua Rd. Turn left on Joshua Rd. Cross Militia Hill Rd., then continue 0.25 miles to State Park Rd. Turn left on State Park Rd., then a quick right at the triangle following signs for Lot #1. Pavilion will be on the left. Also look for LBW road signs which will be posted along the way.

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), and counts towards the acquisition of IVV Achievement Awards.

PRE-REGISTRATION FORM

Name _____ Phone () _____

Address: _____

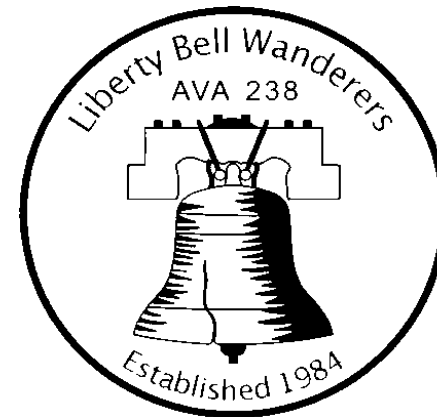
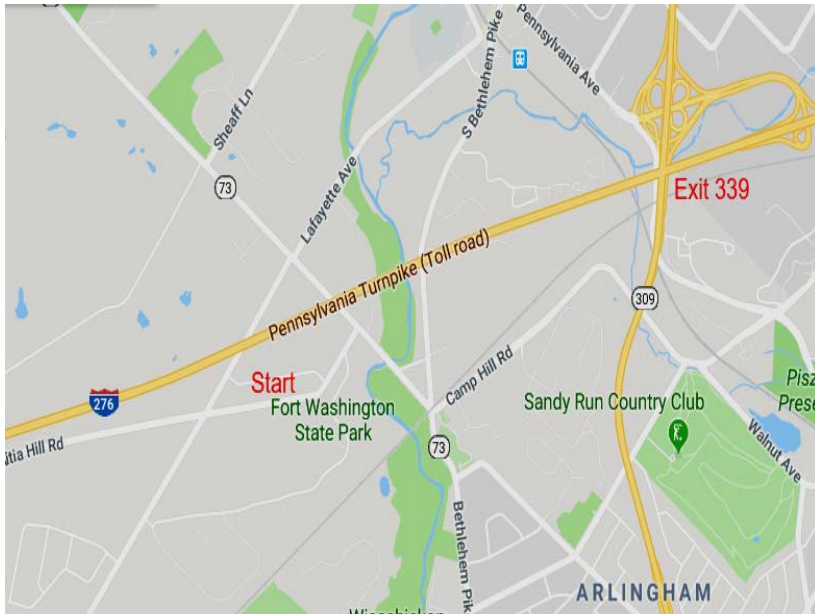
NAME (LAST, FIRST)	CREDIT (\$3.00)	FREE	TOTAL

Deadline for pre-registration is August 31, 2019. Mail this form along with a check for the fees to: Dave Doerffel, Liberty Bell Wanderers, 694 Cotlar Lane, Warminster, PA 18974. Check payable to Liberty Bell Wanderers.

**Liberty Bell Wanderers
AVA 238**

**Invite You To A
10K/5K Walk
&
35th Anniversary Celebration Picnic
At
Fort Washington State Park
Fort Washington, PA**

September 14, 2019



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