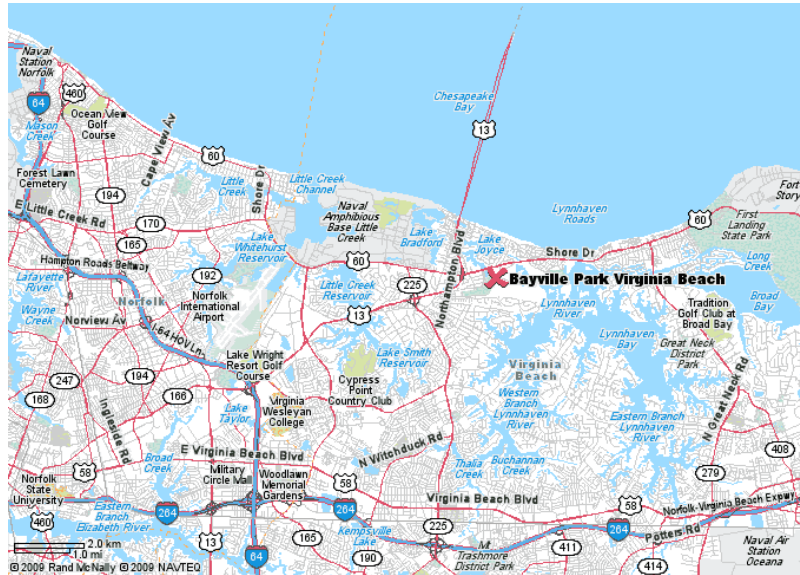


DIRECTIONS:

Take I-64 towards Norfolk. Exit at Northampton Blvd./U.S. 13 North (Exit 282). Travel approximately 4.1 miles then turn right at the Shore Drive/U.S. 60 exit (last exit before the Chesapeake Bay Bridge Tunnel). Take a right on Shore Drive and go 1/2 mile (2 traffic lights) to First Court Rd. (Taste Unlimited on corner). Turn right on First Court Rd travel 1/2 mile to entrance of Bayville Farms Park by Disk Golf Park. Park in parking lot closest to the restrooms.



For more information about Volkssporting or the Gator Club please visit the AVA website, www.ava.org, which has links to all local clubs and events or the Gator website at ava.org

Gator Volksmarsch Club
P. O. Box 16953
Chesapeake, VA 23328-6953

Gator Volksmarsch Club
AVA - 13

Club Walk/Picnic

May 18, 2019

Bayville Farm Park
Shelter #3
Virginia Beach, Va.

Event Number: AT 19-113626

05K/10K (3.1 / 6.2 miles) Walk
TRAIL RATING: 1



SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards.

SPONSOR: Gator Volksmarsch Club (AVA 013)

DATE: Saturday, May 18, 2019

START- POINT: Bayville Farm Park, 4132 First Court Rd. Shelter #3, Virginia Beach, VA 23455 36.9033° N, 76.1195° W

DISTANCE: There is one 5-kilometer (3.1 mile) trail and one 10 kilometer (6.2 mile) trail. The 10-kilometer walk may be completed a second time for credit at no additional fee.

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

START AND FINISH TIMES: Start 9am. – noon, Finish by 3 pm.

WALK FEES: The credit only fee is \$3.00. There is no fee just to walk the trail--but you **MUST** carry a start card. There will be no refund of any monies paid.

PROCEDURES: At the start point, each participant will be issued his/her own start card, which must be signed and personally presented at the control points for stamping. The individual start cards will be turned in at the finish table after completing the event.

CONDITIONS: Pets are permitted on this event; however, they must be on a 6-foot leash. Water will be available at the start point and at the checkpoint. Restrooms are available at the start point. Litter must be deposited in the designated containers. This event will be held regardless of most weather conditions.

IVV CREDIT: All previous participants of IVV events are reminded to bring their IVV books to this event. You may purchase new books at the event.

COURSE DESCRIPTION: Trail Rating 1B. The trail is almost completely flat, and will go over city sidewalks, bike trails and street in the **Bayville Farms Area of Virginia Beach**. This trail is suitable for strollers and wagons or wheelchairs with some high curbs.

FOR FURTHER INFORMATION: Please call Don Bradford, (757) 576-0966, gvcwalker64@hotmail.com

SPECIAL ACTIVITIES: The Gators will hold a picnic in conjunction with this walk event. The club will furnish hamburgers, hot dogs, buns, paper plates, cups, napkins, utensils and ice. We ask that everyone bring a covered dish, salad, or dessert to share, and your own drinks (sorry, no alcoholic beverages allowed in the park). If you're able to attend please contact Don Bradford at 757-576-0966 or email gvcwalker64@hotmail.com, so we can get a count of attendees.

SPECIAL PROGRAMS CLASSIFICATIONS: Walking the USA "V" for Virginia Beach, Virginia Cities program – Virginia Beach, Take a Walk in City Park,

BAYVILLE FARMS PARK: Bayville Farms Park is a 68-acre park established in 1978 through the cooperative efforts of the City of Virginia Beach, the National Park Service, and Virginia's Department of Conservation and Recreation. Of special interest is the disc golf course, the first such course in Virginia Beach.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver. The sponsor will make every reasonable effort to make the event safe, educational and enjoyable.

WHAT IS A VOLKSMARCH?

A non-competitive walk event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows). More information can be found at www.ava.org.



