

**REGISTRATION FORM:** May we email you the directions?

\_\_\_\_\_ Yes \_\_\_\_\_ No

Make Checks Payable to "Virginia Vagabonds" Mail to: Virginia Vagabonds 3 Delmont Court Hampton VA 23666	Credit Only \$3.00	Non-IVV Participant \$3.00
Zuni Isle of Wight County		
Radford City of Radford		
Salem City of Radford		
Vinton Roanoke County		
Total		

In consideration of being allowed to participate in any way in AVA volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.
2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks no known to us or not reasonably foreseeable at this time.
3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.

Print:  
Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

# VIRGINIA VAGABONDS

## 2018 Seasonal Walking Events

### January 8 thru June 30, 2018

### Zuni - Isle Of Wight County

### April 1 thru September 30, 2018

**Radford - City of Radford**

**Salem - City of Salem**

**Vinton - Roanoke County**

**CREDIT OR NON-IVV  
PARTICIPATION ONLY  
NO FREE WALKERS**

**PRE-REGISTRATION REQUIRED**



**SANCTION:** These events are sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards.

**ELIGIBILITY:** Everyone is welcome! Participants may walk, jog, or run the trails. Children under 12 must be accompanied by an adult. Groups are welcome.

**IMPORTANT NOTICE** Completed Start Cards **MUST** be returned by October 5 since the Event Stamps will be returned to AVA.

**REGISTRATION PROCEDURES** Pre-registration is required. Mail pre-registration form and fees to: Virginia Vagabonds, 3 Delmont Court, Hampton VA 23666-5508. Start Cards, driving and walking maps, and trail instructions will be sent by email or return mail. Stamped insert cards will be mailed to the participant for each event completed after your completed start card is received. There will be no refund of any monies paid.

**AWARD/FEES:** Please pay by check. No refunds. IVV Credit Only Fee: \$3.00 each event. Non-IVV Participant Fee: \$3.00 each event. A non-IVV participant is an individual who participates without obtaining IVV credit. The \$3.00 will be used to defray the cost of putting on the events.

**CONDITIONS:** The trails must be completed during daylight hours. With registration for these events, the participant accepts the guidelines for AVA Volkssport walks and agrees to observe the principles of good sportsmanship. All pets are to be kept on a leash (6 feet or less) at all times and owners are responsible for cleaning up after their pet. Water and restrooms will be available at the start point for most of the events. You should carry water on all the trails, especially during summer months. Litter must be deposited in the designated containers. Strollers are fine on the trails. Wheelchairs may have difficulty with the hills.

**DISCLAIMER OF LIABILITY:** The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

**POINT OF CONTACT:** Annette Tollett, 3 Delmont Court, Hampton VA 23666-5508, (757) 814-1417, or email: ahtollett3@gmail.com.

**MORE INFORMATION:** information about volksmarching is at [www2.ava.org](http://www2.ava.org).

**ZUNI - ISLE OF WIGHT COUNTY (5 and 10 KM)  
AT 2018-Y2227**

The walk will be along natural trails . Part of the trail is also along the shoulders along a paved road. SPECIAL PROGRAMS: Bridges, Walking the USA A-Z: "Z" for Zuni. Walk counts for Isle of Wight County in the Virginia Counties Program. No restrooms available on the trail.

**RADFORD - CITY OF RADFORD (5 and 10 KM)  
AT 2018-Y2166**

This walk will be through downtown Radford, on the athletic campus of Radford University, on the Riverwalk (following the New River), and through Bisset Park. SPECIAL PROGRAMS: Bridges - Spanning the USA, Take a Walk In a City Park, Walk the USA - Street by Street. Counts for City of Radford in the Virginia Cities program.

**SALEM - CITY OF SALE (5 and 10 KM)  
AT 2018-Y2164**

This walk will be on sidewalks through some of the neighborhoods of Salem, through downtown Salem, and out to the Salem Red Sox baseball field. SPECIAL PROGRAMS: Animal Safari, Food For Thought, Take a Walk In a City Park, United States Post Offices, Walk the USA - Street by Street. Counts for the City of Salem in the Virginia Cities program.

**VINTON - ROANOKE COUNTY (5 and 10 KM)  
AT 2018-Y2165**

The walk will take you on the Wolf Creek Greenway, as well as along streets in the town of Vinton. SPECIAL PROGRAMS: Bridges - Spanning the USA, Walk the USA - Street by Street Walk counts for Roanoke County in the Virginia Counties Program.