

REGISTRATION FORM: May we email you the directions?

_____ Yes _____ No

Make Checks Payable to "Virginia Volkssport Association" Mail to: Virginia Volkssport Association 3 Delmont Court Hampton VA 23666	Credit Only \$3.00	Non-IVV Participant \$3.00
Clintwood Dickenson County		
Floyd Floyd County		
Grundy Buchanan County		
Lebanon Russell County		
Rocky Mount Franklin County		
Total		

In consideration of being allowed to participate in any way in AVA volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.
2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks no known to us or not reasonably foreseeable at this time.
3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.

Print:

Name _____

Address _____

City/State/Zip _____

Email Address _____

Signature _____ Date _____

VIRGINIA VOLKSSPORT ASSOCIATION

2017 Seasonal Walking Events

April 1 – September 30, 2017

Clintwood - Dickenson County

Floyd - Floyd County

Grundy - Buchanan County

Lebanon - Russell County

Rocky Mount - Franklin County

CREDIT OR NON-IVV PARTICIPATION ONLY

PRE-REGISTRATION REQUIRED



SANCTION: These events are sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards.

ELIGIBILITY: Everyone is welcome! Participants may walk, jog, or run the trails. Children under 12 must be accompanied by an adult. Groups are welcome.

IMPORTANT NOTICE Completed Start Cards **MUST** be returned by October 5 since the Event Stamps will be returned to AVA.

REGISTRATION PROCEDURES **Pre-registration is required.** Mail pre-registration form and fees to: Virginia Volkssport Association, 3 Delmont Court, Hampton VA 23666-5508. Start Cards, driving and walking maps, and trail instructions will be sent by email or return mail. Stamped insert cards will be mailed to the participant for each event completed after your completed start card is received. There will be no refund of any monies paid.

AWARD/FEES: Please pay by check. No refunds. IVV Credit Only Fee: \$3.00 each event. Non-IVV Participant Fee: \$3.00 each event. A non-IVV participant is an individual who participates without obtaining IVV credit. The \$3.00 will be used to defray the cost of putting on the events.

CONDITIONS: The trails must be completed during daylight hours. With registration for these events, the participant accepts the guidelines for AVA Volkssport walks and agrees to observe the principles of good sportsmanship. All pets are to be kept on a leash (6 feet or less) at all times and owners are responsible for cleaning up after their pet. Water and restrooms will be available at the start point for most of the events. You should carry water on all the trails, especially during summer months. Litter must be deposited in the designated containers. Strollers are fine on the trails. Wheelchairs may have difficulty with the hills.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

POINT OF CONTACT: Annette Tollett, 3 Delmont Court, Hampton VA 23666-5508, (757) 814-1417, or email: ahtollett3@gmail.com.

MORE INFORMATION: information about volksmarching is at www2.ava.org.

CLINTWOOD, VA - DICKENSON COUNTY (5 and 10 KM) AT 2017-Y0615

The trail will be along the streets of Clintwood. Clintwood is the home of the Ralph Stanley Museum and Traditional Mountain Music Center. Trail Rating: 1B. SPECIAL PROGRAMS: National Register of Historic Places, Trekking with the Trees, United States Post Offices, Walking the USA - Street by Street (AK, AR, CA, FL, IA, IL, KS, KY, LA, MA, MD, MI, MS, NY, NY, OH, PA, SC, TN, TX, VA), You'll Never Walk Alone. Qualifies for Dickenson County

in Virginia County program and the Crooked Road program.

FLOYD, VA - FLOYD COUNTY (5 and 10 KM) AT 2017-Y0627

The trail will be on sidewalks and shoulders of roads in the town of Floyd. Floyd is located on the Blue Ridge Plateau. You will go by the Floyd Country Store - known for its Friday night Jamboree, featuring gospel, bluegrass, and old time music.. Trail Rating: 2A. SPECIAL PROGRAMS: National Register of Historic Places, Trekking With the Trees, United States Post Offices, Walk the USA - Street by Street (AL, AR,AZ, CA, CO, CT, FL, GA, IA, ID, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NC, ND, NE, NJ, NV, NY, OH, OK, PA, SD, TX, VA, WI, WV), You'll Never Walk Alone . Qualifies for Floyd County in Virginia County program and the Crooked Road program.

GRUNDY, VA - BUCHANAN COUNTY (5 and 10 KM) AT 2017-Y0014

The trail will be on shoulders of roads in the town of Grundy. The town served as a stopover for Union troops on their way to the Battle of Saltville. The town is also noteworthy for its flood control project, where the mountain across the river was blasted to make way for new development. Trail Rating: 1B. SPECIAL PROGRAMS: Bridges - Spanning the USA, National Register of Historic Places, Trekking With the Trees, United States Post Offices, Walking the USA - Street by Street (CA, CO, DE, GA, FL, LA, MD, MN, MO, MS, OH, OK, SC, TX, VA, VT, WI), You'll Never Walk Alone. Qualifies for Buchanan County in the Virginia County program..

LEBANON, VA - RUSSELL COUNTY (5 and 10 KM) AT 2017-Y0253

The trail will be along shoulders of roads in the town of Lebanon.. The many cedar trees in the area are believed to have inspired the town's name, drawn from the biblical reference, "cedars of Lebanon." Trail Rating: 1A. SPECIAL PROGRAMS: Bridges - Spanning the USA, National Register of Historic Places, Trekking With the Trees, United States Post Offices, Walking the USA - Street by Street (), You'll Never Walk Alone. Qualifies for Russell County in Virginia County program.

ROCKY MOUNT, VA - FRANKLIN COUNT (5 and 10 KM) AT 2017-Y0696

The walk will be on sidewalks and shoulders of roads in Rocky Mount, located in the Blue Ridge Mountain and the Eastern gateway to The Crooked Road. You will walk into the WPA built post office with its mural and along both South and North Main Streets.. Trail Rating: 2B. SPECIAL PROGRAMS: National Register of Historic Places, Trekking With the Trees, United States Post Offices, Walking the USA - Street by Street (AL, AR, AZ, CA, CO, CT, FL, GA, IA, ID, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NC, ND, NE, NV, NY, OH, OK, PA, SD, TX, VA, WI, WV, WY), You'll Never Walk Alone. Qualifies for Franklin County in the Virginia County program and the Crooked Road program.