DIRECTIONS

From the north/east: Head west across the Wilson Bridge on the Capitol Beltway (195/1495) and immediately take Exit 177A (Route 1 South towards Fort Belvoir). Continue straight for 2.9 miles to Lockheed Blvd (traffic light) and turn right. Proceed several blocks to point where road makes a ninety-degree turn right and becomes Harrison Street. Turn left into park entrance. Road deadends into parking lot near the Visitor Center.

From the west: Take route of your preference to the Capitol Beltway (I495/I95) and head east toward the Wilson Bridge. Take Exit 177A (US1 South; Fort Belvoir). Continue straight for 2.9 miles to Lockheed Blvd (traffic light) and turn right. Proceed several blocks until road makes a ninety-degree turn right and becomes Harrison Street. Turn left into park entrance. Road deadends into parking lot near the Visitor Center.

From the south: Take Exit 161 (US-1) from northbound I-95 and drive north on US1 for 11.3 miles to Lockheed Blvd (traffic light). Turn left and proceed several blocks to point where road makes a ninety-degree turn right and becomes Harrison St. At this point turn left into the park entrance. Road deadends into parking lot near the Visitor Center.

Parking: The Friends of Huntley Meadows request a \$2 parking donation per vehicle. No tickets, no towing, no fines. If you can't donate the day of the walk, they just request that you pay next time.

GPS Users: Enter the street address, 3701 Lockheed Blvd, Alexandria, VA. The final destination should show the corner of Harrison Lane and Lockheed Blvd. If a GPS search is made for Huntley Meadows Park, by name, the GPS will almost always send the driver into neighborhoods that dead-end at the edges of the park.

Northern Virginia Volksmarchers

(AVA-151, VA-13)

April 28, 2018 Huntley Meadows Park and Historic Huntley Alexandria, Virginia

10KM (6.2Mile) Walk 5KM (3.1Mile) Option

Walks Are Rated 1B

Start Point: Huntley Meadows Visitor Center, 3701 Lockheed Blvd, Alexandria, VA 22306



This event is sanctioned by the American Volkssports Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts towards the acquisition of IVV achievement awards.

AT 18/110615



DATE: Saturday, April 28, 2018

SPONSOR: Northern Virginia Volksmarchers (AVA-151, VA-13)

LOCATION: Huntley Meadows Park Visitors Center, 3701 Lockheed Blvd., Alexandria, VA 22306 *GPS: N38° 75.7778′, W077° 0.9833*

START TIME: Register and start walking between 9:00 AM and noon. Finish by 3:00 PM.

DISTANCES/TRAILS: Walkers have a choice between 5KM (3.1 miles) and 10 KM (6.2 miles). Both trails are rated 1B and are fairly flat. Wide gravel trail provides breathtaking views of plants and wildlife in forested and meadow habitat and along the boardwalk leading to the largest non-tidal wetland in Northern Virginia. The 10-KM trail also takes walkers by Historic Huntley, a home built by George Mason IV in 1825. The site was added to the National Register of Historic Places in 1972 as an outstanding example of the federal villa style. Tours available for a small fee. Trails are suitable for strollers and wheelchairs with medium difficulty. Eligible for AVA Special Programs: Boardwalks, Walking the United States (50 States) and Walking the USA (A-Z). Also Virginia Counties: Fairfax.

FEES: There is no charge to participate in these events. The fee for IVV credit is \$3. There is no pre-registration for this event. No refunds will be given.

INFORMATION CONTACT: Helen Garamone (703) 360-5692 (H) or (571) 243-2573 (C) hkgaramone@hotmail.com

STIPULATIONS: Everyone is welcome. Children under 12 must be accompanied by an adult.

NO DOGS: Regretfully dogs are not allowed on the park boardwalk trail because of its narrow nature as well several rare nesting birds in the wetland.

DISCLAIMER: The American Volkssport Association or its branch clubs are not responsible for theft or loss of personal belongings or

property. Every reasonable effort will be made by the sponsor to make this a safe, enjoyable, and memorable walk. All walkers must sign a waiver.

MISCELLANEOUS: Restrooms and water will be available at the start point. Water also available at checkpoint.

WALK THE DYKE MARSH AND OLD TOWN ALEXANDRIA YEAR-ROUND EVENTS WHILE YOU'RE HERE

The start points for two great year-round events are within 7 miles of the start point of this weekend event. Check out the long-popular Old Town Alexandria walk or explore wetlands along the Potomac along the Dyke Marsh YRE. Look for NVV YRE brochure for instructions to the start points of both walks.

WHAT'S A VOLKSMARCH?

A volksmarch is a non-competitive walk. You may choose your time to start within the start/finish "window" and walk at your own pace. You can walk alone, with family or friends, or with folks you meet along the way. You can walk for free or pay a small amount to earn credits that provide a tangible record of your participation. If you want to combine fun, fitness, and fellowship, join us for one of these events! For more information, check out our club web site at www.NorthernVirginiaVolksmarchers.club or the national website at www.ava.org.

"I see my path
but I don't know
where it leads.
Not knowing where
I'm going is what inspires
me to travel it."

DIRECTIONS

From the east: Head west across the Wilson Bridge on the Capitol Beltway (195/1495) and immediately take Exit 177C (Mount Vernon Highway). Continue straight for one block at the end of the ramp and turn right at the traffic signal to head south on the GW Parkway for 5.7 miles. Turn right for Fort Hunt Road/Fort Hunt Park. At the end of the ramp, there will be a Y intersection. Take the right fork and continue straight on Fort Hunt Road for .8 miles until you reach a T intersection. Turn right (still Fort Hunt Road) and take first left onto Elkin Road. Take first left onto Linton Lane. Start point is on your right in two blocks.

From the west: Take route of your preference to the Capitol Beltway (I495/I95) and head east toward the Wilson Bridge. Take Exit 177A (US1 South; Fort Belvoir). Stay in the right lane and bear right onto lane that will lead to Fort Hunt Road at the traffic signal. Turn left at the signal to cross US1 and proceed south on Fort Hunt Road. Continue for 4.9 miles. Turn right at Elkin Road and proceed for one block. After one block, turn left on Linton Lane. Start point is on your right in two blocks.

From the south: Take Exit 161 (US-1) from northbound I-95 and drive north on US1 for 7.1 miles to the Mount Vernon Memorial Hwy. Turn right and follow Mount Vernon Memorial Hwy for 3.1 miles to and around the traffic circle at Mount Vernon. Continue on what now is the GW Memorial Pkwy for one mile. Turn right on Stratford Lane and continue three blocks until it ends at a T intersection. Turn right on Camden Street for one block and turn left on Linton Lane. Start point is about a block further on the left.



Come walk with us! Northern Virginia Volksmarchers (AVA-151, VA-13)

May 17, 2014

Fort Hunt Park

(Learn its secret WWII mission!)

Alexandria, Virginia



10KM (6.2Mile) Walk 5KM (3.1Mile) Option

Walks Are Rated 1B

Start Point: Fort Hunt Elementary School, 8832 Linton Lane, Alexandria, VA 22308

This event is sanctioned by the American Volkssports Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts

towards the acquisition of IVV achievement awards. AT 14/98449



DATE: Saturday, May 17, 2014

SPONSOR: Northern Virginia Volksmarchers (AVA-151, VA-13)

LOCATION: Fort Hunt Elementary School, 8832 Linton Lane, Alexandria, VA 22308 GPS: N38° 43.1545′, W077° 3.9192

START TIME: Register and start walking between 9:00 AM and noon. Finish by 3:00 PM.

DISTANCES/TRAILS: Walkers have a choice between 5KM (3.1 miles) and 10 KM (6.2 miles). Both trails are rated 1B and are fairly flat. Paved surfaces are used for most of the segments, but there is some walking on natural surfaces or through woodlands. These events provide an opportunity to walk through Fort Hunt Park as well as the nearby residential neighborhood. The longer trail also includes a portion of the Mount Vernon Bike trail. Trails are suitable for strollers but not wheelchairs. Eligible for AVA Special Program: Virginia Counties (Fairfax).

FEES: There is no charge to participate in these events. The fee for IVV credit is \$3. There is no pre-registration for this event. No refunds will be given.

INFORMATION CONTACT: Helen Garamone (703) 360-5692 (H)or (571) 243-2573 (C) hkgaramone@hotmail.com

STIPULATIONS: Everyone is welcome. Children under 12 must be accompanied by an adult. Pets are allowed on the trails

but both Fairfax County and the National Park Service have leash and pet clean-up laws.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. Every reasonable effort will be made by the sponsor to make this a safe, enjoyable, and memorable walk.

MISCELLANEOUS: Restrooms and water will be available at two points along the trail but not at the start point.

Fort Hunt Park

Fort Hunt Park and surrounding neighborhoods occupy land that was acquired in 1669 by John Washington, great-grandfather of George. A century later, this area became part of the Mount Vernon Estate.

The U.S. Government acquired the land in 1892, and five years later, construction began on shore batteries to protect Washington from possible naval advances by Spain or other nations. Buildings were constructed at the fort starting in 1900, and additional guns were added in 1901. No shots ever were fired in combat, however.

In the 1930s, the fort was the site of a Civilian Conservation Corps camp. During World War II, the fort was used as a prisoner of war camp for high-value German prisoners (especially those captured from submarines). In 1948, control of the fort was transferred to the National Park Service.

WALK THE DYKE MARSH AND OLD TOWN ALEXANDRIA YEAR-ROUND EVENTS WHILE YOU'RE HERE

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A volksmarch is a non-competitive walk. You may choose your time to start within the start/finish "window" and participate at your own pace. You can walk alone, with family members or friends, or with folks you meet along the way. You can walk for free or pay a small amount to earn credits that provide a tangible record of your participation. If you want to combine fun, fitness, and fellowship, join us for one of these events! For more information, check out our club web site at www.scenicroutes.us/nvv/ or the national website at www.ava.org.