

AVA: America's Walking Club

## Liberty Bell Wanderers

**AVA 238** 

Invite you to a

## 10K/5K GUIDED WALK

and Remembrance Ceremony

In

LORIMER PARK Huntingdon Valley, PA

(Montgomery County)

Saturday April 14, 2018

AT18/110897



**DATE:** Saturday, April 14, 2018

**SPONSOR**: Liberty Bell Wanderers

**START POINT:** Picnic area in Lorimer Park

183 Moreton Road Huntingdon Valley, PA

**START TIMES:** The **Guided Walk** will leave the Start Point at **10:15 am** after a brief remembrance ceremony at **10:00 to honor the deceased LBW members. Come a few minutes early** to complete paperwork. Registration will begin at 9:30 am.

**SELF-GUIDED WALK START TIME:** 9:30 am to 11:30 am

**FINISH TIME:** Walkers must be off the trail by 2:00 pm

**DISTANCE**: 10K or 5K

TRAIL DESCRIPTION: AVA trail rating is 2-B

The trail follows natural trails within Lorimer Park and a rails-to-trails segment. As we start out along the trail, we will pause at our "Tree of Remembrance" to honor deceased members of the Liberty Bell Wanderers.

The trail traverses some open fields as well as heavily wooded sections with some hills and uneven terrain, offering beautiful scenery alongside creeks and huge trees. The rails-to-trails segment is flat with a crushed stone surface. The trail is not suitable for wheelchairs or strollers.

SPECIAL PROGRAMS: Bridges - Spanning the USA, Points of Reference, Take a Walk in a City Park, You'll Never Walk Alone

**FEES: IVV Credit is \$3.00**. There is no award for this event. This event is **free** to those who wish to participate without IVV Credit.

**RECORD BOOKS:** Participants in the IVV/AVA incentive program are reminded to bring their IVV record books. Additional books will be available for purchase at \$6.00 each. New Walker Starter Kits are available for \$5.00 and includes a free one year membership in the Liberty Bell Wanderers

**ELIGIBILITY:** This event is open to the public. You do not need to be a member of the Liberty Bell Wanderers in order to participate.

**CONDITIONS:** Dogs are permitted on the trails only. Park rules prohibit dogs in the Picnic Area where the start point is located and the Activity Area where the remembrance ceremony takes place.

**MISCELLANEOUS:** Water and restrooms will be available at the Start Point.

Participants will be treated to hoagies and beverages after the walk compliments of the Liberty Bell Wanderers.

This event will not be cancelled due to weather. There will be no refunds.

**CONTACT PERSON:** Dave Brown – 610-906-6252

610-906-6252 (Start Point Cell No.) Email: ocmdbreeze@aol.com www.libertybellwanderers.net

**DISCLAIMER:** The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports and counts towards the acquisition of IVV Achievement Awards. For more information on the American Volkssport Association, go to www.ava.org

## **DIRECTIONS TO START POINT**

**From the WEST**: Take the PA Turnpike East to Exit 343 (Willow Grove) and get on PA-611 South. Go 3.6 miles and turn left on Susquehanna Rd. Go 1.5 miles and turn left on Meeting House Rd. Go 0.6 miles and turn left on Huntingdon Pike. Go 0.1 mile and turn right on Moredon Rd. Go 0.8 miles and turn right into Lorimer Park parking lot. From the parking lot, cross the road and walk to the picnic area for the Start Point.

From the NORTH or SOUTH: I-95 take Exit 30 (PA-73 West). Go 1.6 miles and cross US-1. Go 1.9 miles further and turn half right on Oxford Ave. Go 0.2 miles and turn half right on Veree Rd. Go 2.2 miles and turn left on Bloomfield Ave. (which becomes Moredon Rd.). Go 0.8 miles and turn left into Lorimer Park parking lot. From the parking lot, cross the road and walk to the picnic area for the Start Point.