



YORK WHITE ROSE WANDERERS

INVITE YOU TO THE
**KEYSTONE STATE GAMES
 VOLKSMARCH**
YORK, PA
 (York County)

July 29 & 30, 2017
1 credit only event



Distances: 10K and 5K
Trail Rating 1A
Event Number: AT17/107721

DIRECTIONS

FROM HARRISBURG (NORTH): Take I-83 South to Exit 22 (N. George St/I-83 Bus/PA-181) toward US-30 W. At the traffic light, turn right onto N. George St/Rt. 181(not a hard right onto Lightner Rd.) for .5 mile to Rt. 30 W. At the next traffic signal, turn right onto 30W/Loucks Rd. Follow Rt. 30 W 2.2 miles and exit at Carlisle Ave (PA Route 74). At the end of the ramp turn left onto Carlisle Ave. The York Expo Center (Fairgrounds) is located 1.1 miles ahead on the right. The Utz Arena is located at the opposite side of the fairgrounds from Carlisle Ave, across the large parking lot behind the Grandstand.

FROM THE EAST AND WEST: Take US Route 30 and exit at Carlisle Ave (PA Route 74) on the West side of York. At the end of the ramp, go south on Carlisle Ave. The York Expo Center (Fairgrounds) is located 1.1 miles ahead on the right. The Utz Arena is located at the opposite side of the fairgrounds from Carlisle Ave, across the large parking lot behind the Grandstand.

FROM THE SOUTH: Take I-83 North to Exit 15, South George St/Business I-83. Follow South George St and turn left at the 2nd traffic signal onto Country Club Rd. Follow Country Club Rd 1 mile to Richland Ave. Turn right onto Richland Ave and go 1.2 miles to Linden Ave. Turn right on Linden Ave and go 1/10 mile to Carlisle Ave. Turn left onto Carlisle Ave and go 1/10 mile to the York Expo Center (Fairgrounds) on the left. The Utz Arena is located at the opposite side of the

fairgrounds from Carlisle Ave, across the large parking lot behind the Grandstand.



SPONSOR: York White Rose Wanderers, AVA-236 and the Keystone State Games, Inc.

SANCTIONED BY: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement Awards.

DATES: Saturday and Sunday, July 29 & 30, 2017

START POINT: Utz Arena, York Expo Center (Fairgrounds), 334 Carlisle Avenue, York, PA. Plenty of free parking available.

PROCEDURE: AVA policy requires that every participant, **fee** or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be walked a second time on the same day using the same start card at no additional cost.

START/FINISH TIMES: Start anytime between 8:00 AM and 1:00 PM. All walkers must be finished by 4:00 PM.

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Walk at your own pace.

FEES and CREDIT: This event is FREE to those who wish to participate without IVV credit. IVV credit is \$3.00. No Refunds Will Be Given. New Walker packets (a \$30+ value) will be available for \$5.00 for those wishing to begin walking for credit.

AWARD: There will be no special award for this event. IVV Credit only.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

PARKING: Available at Start Area.

CONDITIONS: No refunds. Pets must be on a leash at all times and are not permitted in any buildings. Please clean up after your pet.

REFRESHMENTS AND RESTROOMS: Water will be available at the Start/Finish and Check Points. Restrooms are available at the Start and a few places along the trail. Food and beverage will be available.

TRAIL DESCRIPTIONS: The event will cover various areas of West York, and different neighborhoods surrounding the fair grounds. Trails will primarily be on city sidewalks that do not all have curb cuts and can be in bad shape. Strollers and wheelchairs may have difficulty.

KEYSTONE STATE GAMES, INC. is a nonprofit, private corporation affiliated with the Pennsylvania Department of Health, the Governor's Advisory Council on Physical Fitness and Sports, and the National Congress of State Games. Their purpose is to provide a comprehensive, coordinated and citizens supported program of sporting events to promote physical fitness.

PENNSYLVANIA RESIDENTS may register as official athletes participating in the Games by completing an entry form (found online) and submitting it with the \$10 entrance fee (payable to the Keystone State Games). Entry deadline is July 22, 2017. Online and on-site registration will also be available.

NON-PENNSYLVANIA RESIDENTS of Delaware, New Jersey, Maryland and West Virginia, which do not have their own State Game, may also register for an additional fee.

www.keystonegames.com

INFORMATION: For further information contact:

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On the days of the event, please call Cell # 717-817-9724