

**Directions to Greenbelt Community Center 15 Crescent Road,  
Greenbelt MD 20705 (39.001303 N,-76.878568W)**

**From BW parkway, Southbound – from Baltimore** - Take Route 193/Greenbelt Road exit - Bear right on exit ramp (Southway) - Go through one stop sign - Make left on Crescent Road (second stop sign) - Make first right into parking lot - Additional parking available if you take the second right

**From BW parkway, Northbound – from DC** - Take Route 193/Greenbelt Road exit - Bear right on exit ramp - Make right on Southway (after crossing over BW parkway) - Go through one stop light & one stop sign - Make left on Crescent Road (second stop sign) - Make first right into parking lot - Additional parking available if you take the second right

**From 495/95 Southbound – from Silver Spring** - Take exit 22a/BW parkway North - Take Route 193/Greenbelt Road exit - Bear right on exit ramp - Make right on Southway (after crossing over BW parkway) - Go through one stop light & one stop sign - Make left on Crescent Road (second stop sign) - Make first right into parking lot - Additional parking available if you take the second right

**From 495/95 Northbound – from Andrews Air Force Base** - Take exit 22a/BW parkway North (stay left on exit ramp, you want to get on parkway) - Take Route 193/Greenbelt Road exit - Bear right on exit ramp - Make right on Southway (after crossing over BW parkway) - Go through one stop light & one stop sign - Make left on Crescent Road (second stop sign) - Make first right into parking lot - Additional parking available if you take the second right

Website for start:  
<http://www.greenbeltmd.gov/Facilities/Facility/Details/Greenbelt-Community-Center-2>

*Great Greenbelt Volksmarchers (AVA 481) Presents*

## *The Return of Our Night Walks*



**Wednesday**  
**July 19 AT17/107991**  
**August 16 AT17/107992**  
**September 20 AT17/107993**

### **5 and 10 K Trails 2B**



AVA: America's Walking Club

Eligible for credit towards IVV Achievement Awards



**Start/Finish:** Greenbelt Community Center 15 Crescent Road, Greenbelt MD 20770. Restrooms available at the Start/Finish.

**Start Time:** Start between 4:00 p.m. and 5:30 p.m. and finish by 8:30 p.m.

**Trails:** 5 and 10k trails are both rated 2B:

**July 19:** The trails will span Greenbelt both sides of the BW Parkway.

**August 16:** There will be 2 5 km loops the first featuring the Old Greenbelt and its garden paths. The second will feature newer areas their garden paths and the lake.

**September 20:** See Greenbelt at play passing many of the playgrounds in Greenbelt.

All trails will be on sidewalks and natural surfaces with small hills. Trails will be as much under cover as possible. May be hot please carry water. Difficult for strollers, and wheelchairs

**Eligibility:** We welcome everyone to walk with us.

**Registration:** Our walk is free. IVV credit is \$3.00. Children under 12 may earn IVV credit for no charge at all events sponsored by the Great Greenbelt Volksmarch Club. New walker packets will be available for \$5.00 and Event Books for \$6.00.

Greenbelt VMC Coupons are welcome payment for this event.

**AVA Special Programs:** Bridges, Spanning the USA., Points of Reference, Take a Walk in a City Park

**Membership:** Membership in the Great Greenbelt Volksmarchers is open to everyone interested in fitness, fun, and fellowship. Members are encouraged to help with events and other club activities. Dues are \$10.00 per year.

**Sanctioned by:** The Maryland Volkssport Association and the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement Awards.

**Procedure:** Each participant must register at the start and fill out the start card completely including signing the waiver. The start card is to be carried along the trail and presented at checkpoints. The start cards are to be returned to the finish table after completing the event

**Conditions:** Pets are not allowed in the start point. They are allowed in the park, but must be leashed at all times during the walk. This walk will be held, unless the locality of Greenbelt or PG County have travel advisories in effect. If inclement weather, please check with contact person or our Facebook Page for update information.

**Refreshments:** Water and hard candy will be available at the start and check points. There are restaurants in the Roosevelt Center near to the start point.

**Disclaimer:** Neither the Great Greenbelt Volksmarch Club, nor the City of Greenbelt shall be liable for accidents, theft, or material damage. "The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property." All participants must sign a waiver. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

**Event Information:** For more information about this event, please contact:

Yvonne Pennington 301-431-6668 GreenbeltMVA@gmail.com

**Volksmarch Information:** [www.ava.org](http://www.ava.org)>events & [www.mdvolks.org](http://www.mdvolks.org)

**Please join us**

September 4<sup>th</sup> as we celebrate the anniversary our first walk 30 years ago, you will walk through Greenbelt Festival Days.

**YRE's:**

Greenbelt Aquatic Center; City Walk, Park Walk, and Year-Round Swim

College Park Airport: Walk and Bike

Columbia Plaza Apartments 2400 Virginia Ave, NW, National Mall Walk and Iwo Jima Memorial Walk