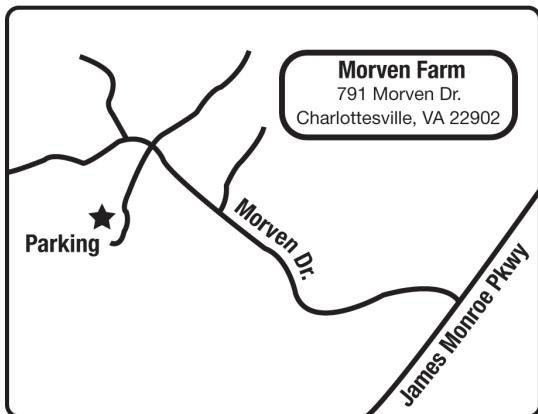
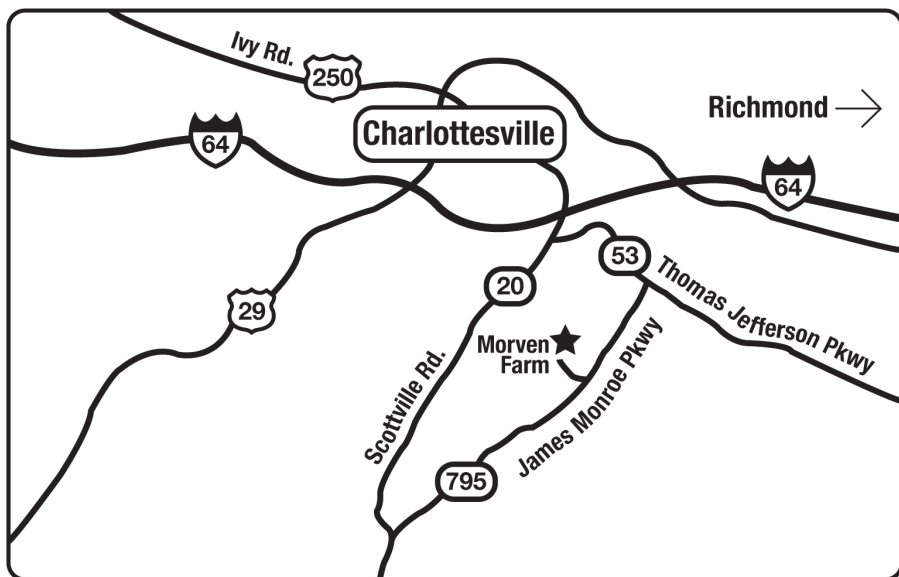


DRIVING DIRECTIONS:

791 Morven Dr. Charlottesville, VA 22902

From I-64, take Exit 121A (Rte 20 South/Scottsville) and follow signs to Monticello, turning left on Rte 53/Thomas Jefferson Parkway. From Monticello, continue east on Thomas Jefferson Parkway (Rte 53), after passing the church with a red roof, you will bear right on James Monroe Parkway (Rte 795) and continue past Ash Lawn-Highland for 1.4 miles. Entrance to Morven is on the right, noted by the "Morven" sign along a stone wall.



PARKING: Large barn area. Pass the gate house, turn at the second left toward the large white barn for parking and walk start/finish area.

Cavalier Volkssporting Club



Charlottesville, VA | 5K & 10K | April 9, 2017
Event AT 17/107363

Volks•march [vohlks-mahrch] [völks-märch] – noun.

Volksmarching (from German Volksmarsch meaning "peoples' march") is a form of non-competitive fitness walking that developed in Europe. Participants typically walk 10 kilometers (6.2 miles) or 5 kilometers (3.1 miles) on an outdoor path. More of a social event and healthy outing as opposed to a competition, routes frequently involve interpretative sites of interests in a wide range of categories.

SPONSOR: Cavalier Volkssporting Club

HOST: University of Virginia Foundation's Morven Farm
791 Morven Drive, Charlottesville, Virginia 22902
www.uvafoundation.com/morven

SANCTION: This event is sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). This event counts toward acquisition of IVV achievement awards.



START & FINISH LOCATION: University of Virginia Foundation's Morven Farm, 791 Morven Drive, Charlottesville, Virginia 22902.
GPS: 37°57'49.12"N, 78°28'39.85"W (driving directions & map on back).

DATE: April 9, 2017

DISTANCE: 5 & 10 Kilometer Routes

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. All new walkers are very welcome. Experienced walkers are encouraged to attend and to bring their finest walking sticks, patches and pins to show to new walkers!

PETS: Leashed pets are welcome; please clean-up after them!

START & FINISH TIME: The start window will be 9 AM-12 PM, with a finish by 3 PM.

A-AWARD: The A-Award for the event is a 4" color patch as shown on the front of the brochure. Maximum of 75 awards will be ordered March 10. No re-order will be placed.

REGISTRATION & FEES: Pre-registration by April 5 is highly recommended. Register online recsports.virginia.edu, by phone 434-924-3791, in person or by mail (detach form below if mailing) to the Intramural-Recreational Sports Business Office, UVA Aquatic & Fitness Center, PO Box 400317, 450 Whitehead Road, Charlottesville, Virginia 22904.

— — *Make checks payable to UVA Intramural-Recreational Sports* — —

Name _____ Address _____

Address continued _____

E-mail _____ Phone _____

Pre-registration ends April 15 (non-refundable) name/s

Award & IVV Credit	\$10	
Credit Only	\$3	
Just to walk	FREE	

PROCEDURES: At the start point, all participants will be issued their own start card, which must be signed and personally presented at the control points. The individual start cards will be turned in at the awards table after completing the event.

CONDITIONS: Water and restrooms will be available near the start/finish and at one location along the trail. The event will be held, rain or shine (no refunds)!

COURSE DESCRIPTION: Welcome to Morven Farm in Albemarle County, Virginia, a state and National Historic Landmark. Once home to Native American tribes, Morven has been passed through the hands of many owners including Thomas Jefferson, who purchased it on behalf of William Short, the Stone Family and Philanthropist John Kluge. Morven is currently owned by the University of Virginia Foundation, who received the property as a gift from Kluge in 2001 to be used for educational and charitable purposes while maintaining the character of a traditional Albemarle County estate. We will be offering two routes (5K & 10K) through the breathtaking landscape of Morven Farm. Sites to see along the way include the Main House, Meeting Barn, Formal Gardens that include the largest Chinese Chestnut tree in Virginia and thousands of spring blooming tulips. Both routes consist of mainly paved roads or gravel paths with an occasional stroll through grassy fields. The trails are both rated 2B and the cumulative elevation gain for the 10K is 875 ft. while the 5K is 589 ft. Neither trail is wheelchair accessible although both are suitable for strollers. Leashed pets are welcome to join in on the walk (please clean-up after them).

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

FOR FURTHER INFORMATION: cavaliervolkssporting@virginia.edu; 434-924-3791 or www.ava.org > Events

AVA SPECIAL PROGRAMS: The 10K will qualify for the following special events: Walking USA A-Z and Walking the United States..